

Chapter 6 – The Difference Between Physical Body and Soul

In order to study the physical body of the Wu Ji Souls that are existing on this third level space, we have to understand how this physical body comes about first. For our soul to yield a physical body as a human, we have to go through a process called incarnation. The human body is governed by the soul. Within the physical human body structure, the soul is the central component. The soul is surrounded by three primary sub-souls, and further enclosed by seven secondary sub-souls. The outer structure is physical body. The three primary sub-souls are responsible for our wisdom. The seven secondary sub-souls are responsible for our facial expression. The physical body is responsible for all our actions.

In this world that we live in, the part that is visible to our human eyes is the space where all human activities take place and is called 'Yang Space' (陽間). The part that is not visible to our human eyes is the space where the 'Yin Souls' activities take place is called 'Yin space' (陰間). When the soul has its own living human body, it is called Yang Soul (陽靈). After the death of its own human body, the soul becomes Yin Soul (陰靈). For a Tai Ji reincarnated soul, after the death of its human body, the soul will go down to the underworld. One of the three primary sub-soul would go down to the underworld with the soul, one would stay at the ancestral memorial tablet (牌位) to be honored by its descendant, and one would stay with the body in the grave. The three primary sub-souls exist as long as the soul has not reincarnated. The seven secondary sub-souls would not be able to sustain themselves when the three primary sub-souls are no longer stay together. The human body would deteriorate over time and eventually would disappear. If the human body can follow the proper path to cultivate its soul, the soul will be able to return to its origin. If not, it would become reincarnated soul, stay in the underworld, and eventually be destroyed by Calamity. We therefore need to know where our souls came from, and be able to return them to their origins after our death.

During this Long Hwa Kur Chi (龍華科期), and also the Final Calamity Period, a time that Tai Ji reincarnated souls are allowed to take revenge for past suffering before being destroyed. For this reason, the world that we live in are full of all kinds of Yin Souls (陰靈) and many human bodies are being possessed and harmed by these spirits. That's why we need to avoid Yin Souls while we meditate. Other than our past lives' debtors, a lot of other spirits are interested in getting into

our body while we meditate. They could achieve their goals either by occupying our body (佔體), borrowing our body for certain period of time (借體), or leaning against us (偎體) as follows.

- The Body Occupied By Foreign Soul (外靈佔體) - When our physical body is occupied by a foreign soul for extended period of time, we may develop symptoms of sickness such as anxiety, disgust and anger. Our soul may leave the physical body when we meditate. This will allow the foreign souls to get in and take possession of our body. Once our body is occupied by foreign souls, the original soul would not return and essentially becomes homeless. Our physical body is not aware of this change and continue to meditate. As the foreign souls gaining chi through meditation, they also take control of the physical body and affect their marital relationship.
- The Body Borrowed By Foreign Soul (外靈借體) - The foreign soul may borrow our physical body for certain period of time to gain strength through meditation or study. The physical bodies of these foreign souls perished before their souls were able to complete the study and develop a full chi body. Therefore, these souls need to borrow other body's souls to complete the unfinished work. The length of stay at physical bodies will be dependent on the need of these souls. If a body is borrowed by foreign soul while meditating, it will act erratically such as burst into tears or laughter without reason.
- The Soul Leans On Physical Body (外靈偎體) – While a physical body is meditating a foreign soul approaches the body to gain chi from the meditator.

The above-cited foreign souls are mainly from the following two groups: One group of foreign souls are Wu Ji souls descended on earth from Wu Ji Heaven for the cultivation of their souls. These souls abandoned their own bodies to look for new bodies that can cultivate their souls and have a better chance to establish full chi body to return to Wu Ji Heaven, or at least escape from the calamity. Another group of foreign souls are evil or animal souls who knew they will be destroyed by calamity but may be saved during the special period of Long Hwa Kur Chi (龍華科期). If they can find a human body to cultivate their souls during the 60-year period of Long Hwa Kur Chi, their souls can escape the calamity and may be upgraded to human forms.

Among the 36 levels in the universe, human is one of very rare souls that has a physical form. And because of having physical forms, our abilities are also very limited as compared to our souls. Our souls can travel thousands of miles in a split

second, and know the past and the future. Our physical bodies however cannot even tell right from wrong. We are living in this Tai Ji world which is occupied by many visible creatures and invisible souls. All visible creatures on earth are relying on invisible souls to worship and live. In general, the universe is occupied by visible creatures and invisible souls. All souls in the universe have physical forms but are considered invisible because they cannot be seen with human eyes.